

## **Patient Instructions**

### **Name of Patient:**

Erica McDonald  
age 20

### **Description of the patient & instructions to simulator:**

You have been having pain at the back of your head on the left side. It also affects that side of your neck. Its worse when you are doing things. And yesterday at uni it was particularly bad.

Your mood is fine but your sleep is disturbed by the neck pain, especially when you lie on the left side. You are eating fine.

### **PSQ**

You live with your parents. Your boyfriend was diagnosed with Burkitt's lymphoma in October. He is having his 4th round of chemotherapy at the moment. He is in hospital and is quite poorly. This has put a lot of strain on everyone.

You are attending university (uni). Doing a course in design. You are just about managing to cope with the work despite everything. Your lecturers know about your boyfriend and are very understanding.

You don't smoke or drink much and have never used drugs.

You've been on the pill for 2 years. It beings with an "M" (microgynon on prompting).

### **First line and history**

I've been starting to get really bad headaches as well. Like in the back of my head. It's been really annoying.

Ideas – No, no clue.

If pushed, you admit that your dad thinks that it's caused by carrying a heavy uni bag.

Concerns – No.

Expectation – I didn't really know. I just thought I should come because it's been going on for 2 weeks.